



Breast Cancer

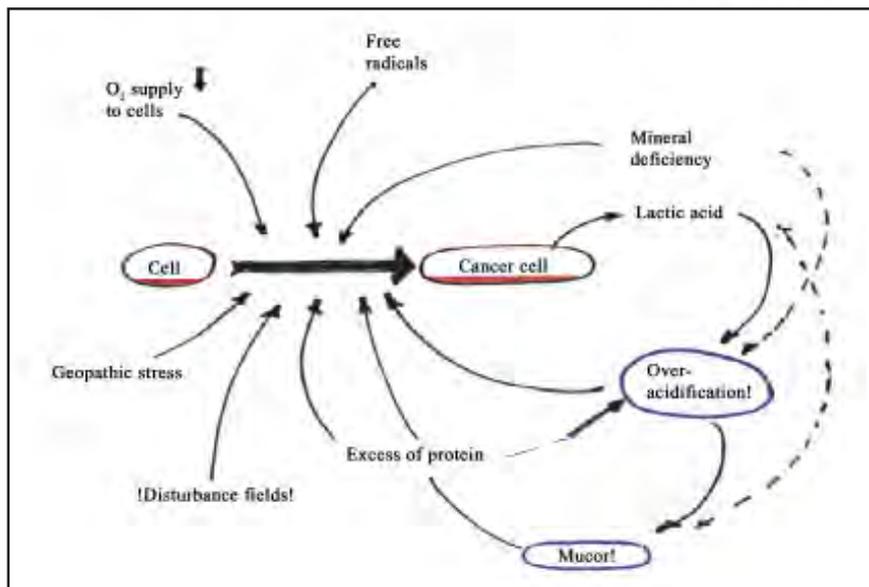
Connections and Treatment

by Thomas Rau M.D.

„He who acts differently, must think differently“

1. Fundamentals of Carcinogenesis

Cancer is always a dynamic process, never a fixed unit or a morphological problem. Healing is only possible, if the causative factors which resulted in the cancer, are removed with it. Biological cancer treatment is therefore a life-long process, first tackling the „state“ - the human being - and not just the „terrorist“ - the cancer.



The genesis of tumours is always multi-causal; among the important triggers we can pick out here: toxins and disturbance foci, disorders of the intestinal system, oxidative processes, plus life's events and the patient's disposition.

I shall now go into some of the causes.

1.1. Toxins and Disturbance Foci as Causes of Cancer

In patients with mammary cancer, things which particularly need to be checked are toxic pollution with mercury, silicone and xenohormones, plus the oestrogen level (3 to 16-OH-oestradiol ratio). Frequently, elevated mercury levels can be found in the breast tissue of the women affected. Besides this, a link exists between silicone implants and the incidence of mammary cancer. Xenohormones (chemically adapted hormones) have a carcinogenic action. (Prostate and bladder cancers are often connected with mercury and cadmium intoxication, colonic cancer with mercury, lead and tin, plus bacterial toxins).

In 95% of patients with breast cancer, disturbance foci were found in the teeth on the stomach meridian; thus it is indispensable to carry out a thorough examination of the teeth, including X-rays. This is shown by Figs. 2, 3, 4, 5 and 6.

1.2. Disordered Intestinal System as a Cause of Cancer

Every cancer patient exhibits a depressed complement of anaerobic, acid-forming intestinal bacteria (Lactophilus, Bacteroides, Bifidus); in over 80% of those affected there is a food allergy present. One's choice of food can

act either to protect from cancer or to favour its development. For this reason, in the Biological treatment of cancer, regeneration of the gut and an appropriate diet occupy a large space. (See section on treatment).

1.3. Breast Cancer and Hormonal Influences

Physiologically, the mammary gland is under the influence, and affected by the interaction, of various hormones. If the body's own regulation declines, or if hormones from external sources upset the balance, then the risk of cancer increases.



Fig. 2. Typical Dental Disturbance Field situation on Stomach Meridian; this can be an energetic supporter of breast cancer

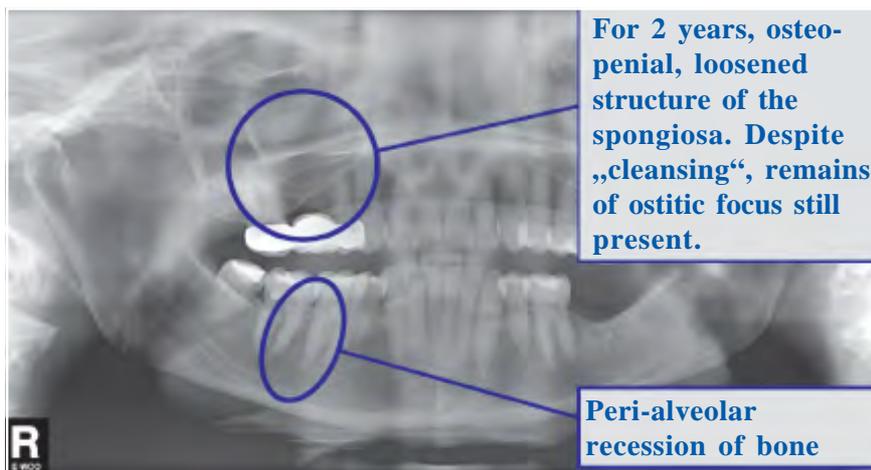


Fig. 3: Mrs. E.E., b.1956, Breast cancer, Focus formation in area of upper right 6 tooth = „breast tooth“, Chronic, post-infectious crural ulcer on the right, lateral.



Fig. 4: Breast cancer, has been conservatively treated for 4 years; relapse. State following radiotherapy and chemotherapy.

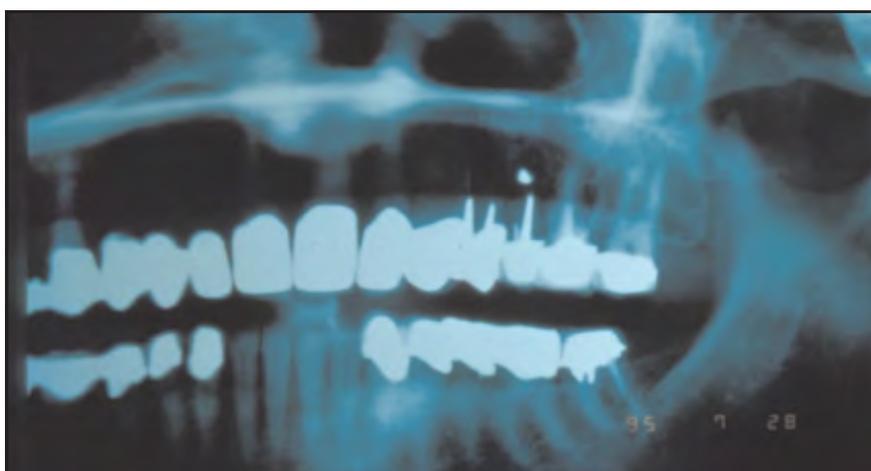


Fig. 5: Panoramic X-ray of the patient in Fig. 4, before biological treatment at the Paracelsus Clinic; after removal of the dental foci and amalgam fillings well as elimination and hyperthermia, drying out and healing of the skin; not progressive again until 4 years later.

The body's own production of progesterone declines some 5-10 years earlier than that of oestrogens. The falling off of natural progesterone results in a relative excess of oestrogen, which again brings about overstimulation of the mammary gland, favouring the formation of breast cancer.

In hormone replacement treatment (HRT), synthetic or semi-synthetic agents made from mare's urine are substituted, and their oestrogen composition does not correspond to that of a woman.

Human oestrogen contains 80% of cancero-protective E3, 5% cancer-promoting E1 and 15% E2. Compared to this, Premarin - prepared from the urine of pregnant mares - contains up to 80% of cancer-promoting E1.

Substances with a cancero-protective action are:

- Oestriol
- Progesterone
- Isoflavonoids (soya, tofu, yam root)
- 3-indole-carbinol (broccoli, cabbage, plant fibres)
- At least 25 grams raw food per day reduces xeno-oestrogens (SHBG = sex hormone binding globulin) is reduced
- The SANUM preparations GRIFOKEHL and MUCEDOKEHL have a regulating action on the hormonal system

The following substances have a cancer-promoting action:

- Oestrones (animal oestrogens)
- Food containing animal protein and saturated fats
- Overweight (insulin!)

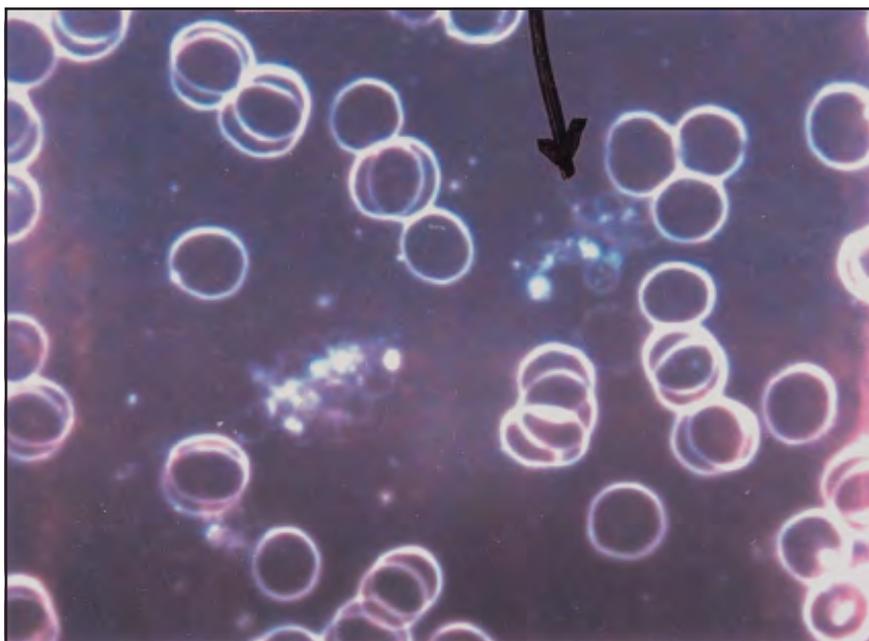


Fig. 6: Dark field image; 50-year-old patient with breast cancer/ confirmation of the findings of dental mychites, a typical sign of a dental disturbance focus.

- Alcohol: 2-3 glasses of beer or wine a day raises the breast cancer rate by 20-50%, so alcoholic drinks are to be avoided; if however these have been consumed, then B-vitamins and vitamin C should be taken in high doses.

1.4. Emotional Aspects of Carcinogenesis

In every case of cancer there is a central „life theme“, typical of the patient concerned, which needs to be taken into account in biological treatment.

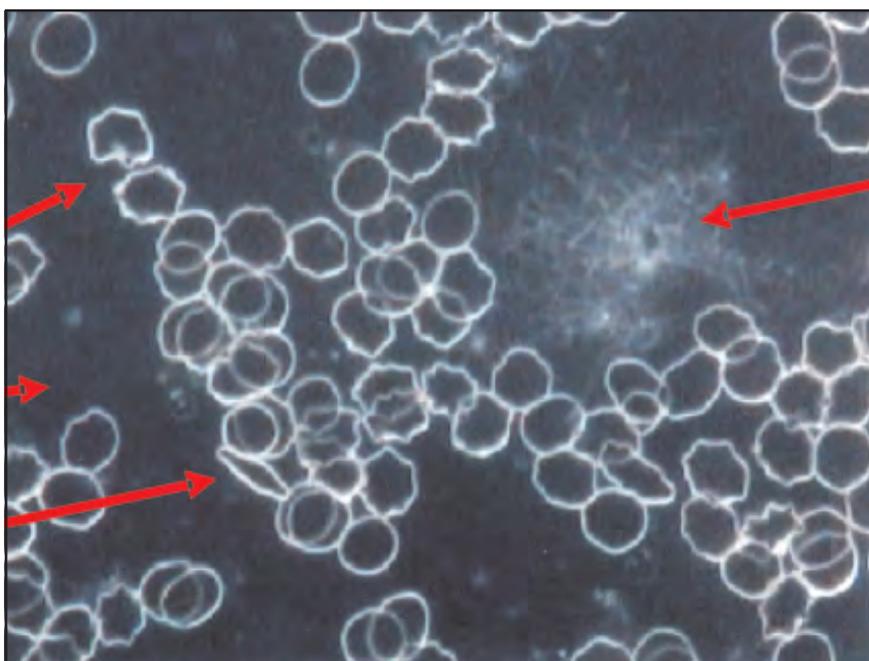


Fig. 8: Dark field Microscopy and Cancer

In breast cancer, we are dealing with a combination of various problems:

- The archetypal theme is the emotional or physical loss of the central male partner (father, son, or partner in marriage).
- The stomach meridian has to do with the fulfilling of expectations, partnership and the future (fear of the future).
- Generally, the female breast is connected with the close male partner, and with loss of one's partner and of the future.

2. Holistic Test Methods to Establish Toxic Pollution, Causes of Tumours and Tumour Activity

To complement the thorough case-taking and clinical findings, the following investigations are particularly indicated where breast cancer is suspected:

- Major stool test (Ganzimmun Laboratory, Mainz)
- Gene test for oxidative stress
- Gene test for detoxification
- Tumour marker Ca 15-3 and CEA
- Heavy metal test (DMPS test)
- Food allergies: IgG4 (Ganzimmun Laboratory, Mainz)
- Orthopan tomography
- Heart Rate Variability Test (ANSA)
- Thermography: CRT Thermography is a very good instrument for early diagnosis and for spotting a tendency to breast cancer.
- **Dark field Microscopy, see Figs. 8 and 9.**

Dark field microscopy NEVER shows cancer, but rather signs of cancer and cancerous tendencies; apart from this it is

well suited to assessing the progress of a treatment.

In cancer, signs in the dark field are, *inter alia*, dendroid vacuoles, filite nests, parasitoid shapes, ascite formation out of the cells, intracellular sporoid symprotites, changes in cell walls, and „empty plasma“ as an expression of blocks and/or geopathological disorders.

In the course of an intensive biological cancer treatment (incl. haptenes, mistletoe preparations and enzymes), these thick-walled sclerotic mychites turned up (see Fig. 10); as well as this, the histological findings switched from an adenocarcinoma to a severely sclerosing adenofibroma.

3. Biological Medicine's Cancer Treatments in Breast Cancer.

A newly diagnosed breast cancer is NEVER a medical emergency; before any surgery or test biopsy, it is preferable to investigate the accompanying causative factors and undertake a thorough preparation. This includes, e.g., a preliminary selenium treatment, immunobiological treatment and a precise treatment plan. The strength of biological cancer treatment lies precisely in the individual combination of several treatment methods. Over the last 20 years, chemotherapy has not improved the prognosis, but only multiplied suffering.

The SANUM palette of medicines intervenes in the development of cancer on various levels and therefore, in my opinion, it is particularly suited to the holistic

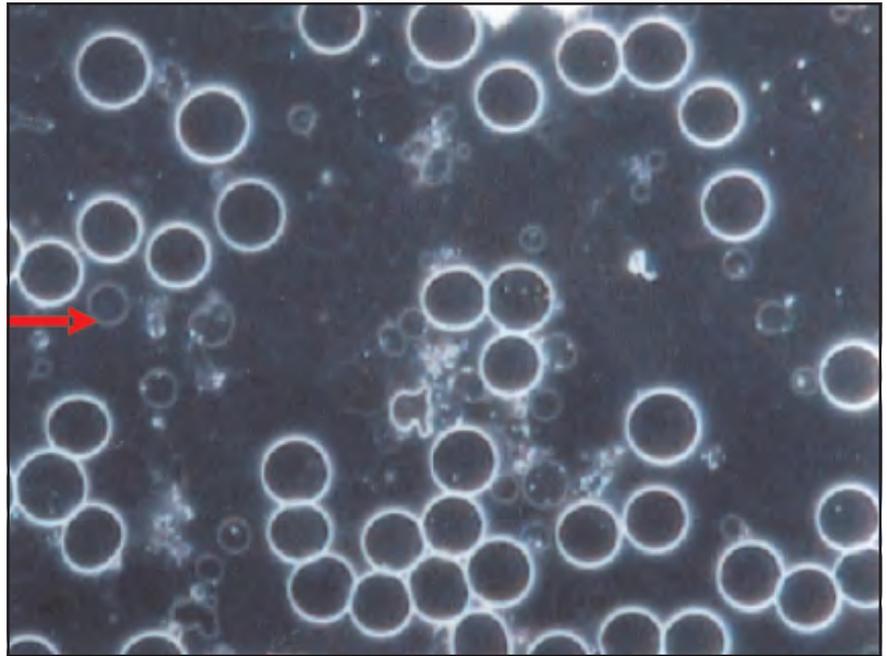


Fig. 9: Dark field Microscopy and Cancer

treatment of cancer, and also in ætiological treatment of autoimmune diseases. SANUM treatment should always be combined with other appropriate measures, e.g. mistletoe therapy, orthomolecular therapy, enzyme therapy, phytotherapy, complex homœopathy and hyperthermia.

The SANUM remedies are particularly suitable for anti-degenerative and cancer treatments, which tackle the problem on different levels:

- over-acidification
- cell respiration/ metabolic waste
- cell membrane potential
- endobiotic high valencies



Fig. 10: Dark field Microscopy as a Check on Progress in Cancer Treatment

- immunomodulation
- antigen marking of tumour cells.

Over-acidification and deficient **cell respiration** are balanced out by a vegetarian diet rich in alkalis. ALKALAN, 1 measuring spoon 2-3 times a day in hot water, SANUVIS, FORMASAN and/or CITROKEHL as well as Citric Acid Cycle catalysts, such as coenzymes or quinones.

For detoxification and elimination of **metabolic waste** we prescribe

LIPISCOR, ZINKOKEHL, SELENOKEHL, PINIKEHL, LARIFIKEHL or MUSCARSAN, plus omega-3-fatty acids.

The **cell membrane potentials** are improved with LEPTOSPERMUSAN (high dosage, with 20-25 drops 3 times a day), MAPURIT, 1 capsule 2-3 times a day, ZINKOKEHL 4X 10-15 drops daily, and unsaturated fatty acids.

MUCOKEHL, NIGERSAN and

FORTAKEHL encourage the downward development of **endobiotic high valencies**. To support a rapid excretion of the lower valencies thus created, indicated remedies are MUCOKEHL Excretion/Racetox and NIGERSAN Excretion/Aspitox.

Depending on the individual symptoms, for immunomodulation we prescribe UTILIN, UTILIN „S“, PROPIONIBACTERIUM AVI-DUM, ARTHROKEHLAN „A“, ARTHROKEHLAN „U“ or THYMOKEHL.

Prescription for Basic Treatment of the Patient with Breast Cancer

Enzyme therapy (intermittent)

- Wobemucos 2 tablets twice a day

Orthomolecular therapy

- Vitamin C, 2-3 g a day
- Folic acid 2 mg a day (or in alkaline infusion)
- Magnesium orotate or MAPURIT 1 capsule twice a day
- poss. DHA 25 mg every other day, depending on hormonal status
- Vitamin B complex (without Vit. B12!!) in high dosage
- Zinc as Zinc gluconate, 30 mg a day
- Coenzyme Q10, 100 mg daily, intermittently
- Selenium, 150 mg a day.

Phytotherapy

- Wheat grass, 1 tsp. 3 times a day
- poss. Bio-King® algæ, ½ tsp. 2-3 times a day
- Curcumin

Mistletoe therapy (s.c. injection, 3 times a week)

Iscador M c. Arg., (Weleda) Series 1, alternating with THYMOKEHL/Glyoxal Comp (Heel), SANUKEHL Serra

SANUM Therapy

- Possibly initially build up the gut (see Point 3.1)
- SANUVIS 40 drops 3 times a day
- MUCOKEHL 4X, 1 capsule a day
- UTILIN 4X, 1 capsule a week / RECARCIN 4X, 1 capsule a week in weekly alternation
- LEPTOSPERMUSAN (high dosage, 25 drops 3 times a day!!)

Fig. 11: Prescription for Basic Treatment of the Patient with Breast Cancer

Antigen marking of tumour cells is achieved by means of appropriate haptens:

- SANUKEHL Pseu in cancer of the colon or prostate
- SANUKEHL Prot in cancer of the colon or liver
- SANUKEHL Serra generally as a fundamental remedy, e.g. in breast or bronchial cancer.



Fig. 12: Carrying out Peritumorous Infiltration in Cancer of the Breast

Particularly in the case of tumours of the breast, peritumorous infiltrations have proved their worth. They result in sclerosing, they neutralise the damaging lævoro-tatory R-Lactic acid, activate



macrophage activity and act locally to combat cell-wall-deficient bacteria.

The injection is made up on an individual basis; tried-and-tested medicines for this purpose are Wobemucos (Mucos Pharma), Lidocain, SANUKEHL Serra 7X, Glyoxal comp (Heel), SANUVIS, Iscador 2-5 mg. (Weleda), Selenase (Biosyn).

3.1 Building up the Gut and Nutrition

A fundamental component of every cancer treatment is the building up of the gut and the intestinal flora. Besides a change of diet, appropriate medicines are also employed.

The regeneration of the intestinal flora and mucosa follows the same principle as the maintenance of a football pitch:
It needs humus, seed and fertilizer.

Here, the humus corresponds to the intestinal mucosa and the Peyer's patches, and it is reinforced by preparations such as REBAS 4X, UTILIN, glutamine or Eveliza (obtainable on www.intensiv-seminare.ch).

The intestinal bacteria represent the seed, and can be supported by medicines such as Symbiolact, Symbioflor 1 and Symbioflor 2 (from Symbiopharm).

The „fertilizer“ is provided by an appropriate diet of raw foods rich in vitamins, with unsaturated oils and Isopathic preparations, e.g. FORTAKEHL, NOTAKEHL, PEFRAKEHL, MUCOKEHL, NIGERSAN.

The correct diet is a kingpin of cancer treatment. The cancer diet, as carried out in the Paracelsus Clinic at Lustmühle, is based on, inter alia, Dr. Rau's knowledge regarding hypo-allergenic diet, Dr. Gerson's and Dr. Bruker's guidelines, the discoveries of Dr. Fryda and Dr. Budwig, and the research carried out by Dr. Johannes Coy.

The main criteria of the Paracelsus-Coy cancer diet are:

- no sugar or farinaceous foods
- no foods with a high glycaemic index
- so far as possible no food allergens (cow's milk, hazelnuts, almonds, maybe gluten)
- maximum daily quantity of protein 70 g. (little meat, but poultry and fish 3 times a week)
- 3-4 dsp. a day of vegetable oils (fatty acids) vegetables with a low glycaemic index, raw foods unlimited
- no alcohol; drink a lot: c. 3-4 litres a day.

This diet effects an improvement in the cell respiration and oxygeni-

sation, in the pH level of the tissues and in the cell membrane potential, it reduces the production of lactate in the cancer cell and the carcinogenic insulin fluctuations, and it unburdens the cellular immune system.

As a matter of principle, every patient should undertake a long-term milieu treatment; this is composed with the aid of the laboratory test results (stool analysis, food allergens, etc.).

Alkaline infusions complement the treatment well. They have a powerful anabolic action, encourage the mesenchymal transport mechanisms and the detoxification, and they have a strong anti-neoplastic and analgesic action. They prepare the milieu for a reduction in the endobiotic high valencies.

Proven indications for alkaline infusions include cancers and tumours of all kinds, rheumatic, neurological and coronary diseases, problems of over-acidification and heavy metal intoxications. Alkaline infusions are ideal stock solutions for Isopathic and Homœopathic remedies.

In the case of cancer, it is advisable to add the following remedies to the alkaline infusion, depending on the individual's symptom picture:

Dr. Rau's Alkaline Infusions:

Composition: NaCl 0.72% / NaBicarb 1.68% aa ad 500 ml. (isotonic)
(obtainable from: Paracelsus Pharmacy, Lustmühle, CH)

Administration: 2-3 times a week, weekly or alternate weeks, infused over 1-2 hours.

Fig. 13: Prescription for Dr. Rau's Alkaline Infusion



- SANUVIS, 4-6 ampoules
 - MUCOKEHL, MUCEDO-KEHL, NIGERSAN, PEFRA-KEHL etc., ampoules
 - Vitamin C, 7.5 g. (Pascoe)
 - SANUKEHL injectable ampoules (in breast cancer SANUKEHL Serra 7X
 - Vitamin B complex in high dosage / Folic acid 2-5 mg
 - Magnesiocard, 1 ampoule (10 ml, from Biomed AG)
 - ZINKOKEHL 4X, 1 ampoule
 - Ferrum Homaccord (Heel), homœopathic preparations to improve the iron metabolism or
- Venofer (Vifor) for material iron substitution
- important: SELENIUM 100-200 mg
 - Procaine 1% 5-10 ml
 - Tationil (reduced glutathione) (Roche), 1 ampoule
 - Coenzyme comp / Ubiquinone comp / Engystol N (all from Heel), 1 ampoule in each case
- ATTENTION! Never give immunobiological medicines (e.g. UTILIN, UTILIN „S“) intravenous!!!!

A comprehensive Biological cancer treatment depends on a good diagnosis and must take account of the individual patient's problems and situation if it is to activate the patient's powers of self-healing on all levels of his/her being.

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